



PRSR STD
U.S. POSTAGE
PAID
TWIN CITIES, MN
PERMIT NO. 93197

Registration Opens Oct. 10 at 8 AM

See pg. 12 for details



Elm Creek
Park Reserve

12400 James Deane Parkway
Maple Grove, MN 55369



Elm Creek

snowsports academy



SKI & SNOWBOARD LESSONS

elm creek

your winter playground

What's Here:

SKI/SNOWBOARD AREA, with rope lifts, several runs and a terrain park with jumps and rails. Adult and children's ski and snowboard lessons are offered, along with convenient equipment rental.

SNOW TUBING HILL, with a variety of lanes that vary in speeds from slow to fast and have long run-outs for safety. Group opportunities available.

CROSS-COUNTRY SKIING, with 18.5 kilometers of groomed trails for traditional and skate skiing, including 5.5K of lighted trails and 2.5K of trails with snowmaking for guaranteed skiing.



Welcome to Elm Creek, your playground for winter fun. Slide down a snow tubing hill, hit the cross country ski trails, enjoy skiing/snowboarding, or kick back in a comfortable chalet. Visit Elm Creek this winter and take a break from your everyday life.



RENTAL SPACES – ELM CREEK CHALET

Warm and inviting, the lodge is a beautiful facility for your next event. The building seats 200+ people and features a full-menu cafeteria, coffee bar, huge timber-and-fieldstone fireplace, cathedral-style ceiling, and large windows overlooking the area. Available to rent from April through October for weddings, celebrations, corporate gatherings, and other events. Call 763.694.7611 for more information.

Hours of Operation*

(Early December through mid-March, depending on weather.)

SKIING/SNOWBOARDING AREA

Monday – Friday: 3 – 9 PM
Saturday – Sunday: 9 AM – 9 PM
Holidays: Dec 22 – Jan 1, Jan 21 & Feb 18: 9 AM – 9 PM

CHALET HOURS

Monday – Friday: 9 AM – 9 PM
Weekends & Holidays: 8 AM – 9 PM

Rates and Rentals*

Daily Alpine Ski or Snowboard Pass	\$17
10 Visit Pass (10 all-day tickets)	\$140
Season Pass	\$229
Alpine Skis, Boots and Poles.....	\$20.50
Snowboard and Boots	\$20.50
Helmets	\$7.50

- Sales tax not included.

**For tubing or cross-country ski hours and rates, visit ThreeRiversParks.org.*



tubing

Speed down the tubing hill at Elm Creek and ride a moving sidewalk back to the top. From steeper chutes for the more daring to a laid-back ride on slower lanes, there's something for the whole family. Open Wednesday–Sunday; check ThreeRiversParks.org for hours and rates.



Work at Elm Creek, Get Great Benefits!

Free season pass, competitive wages, fast paced, flexible hours and more. Variety of employment opportunities at ThreeRiversParks.org/employment.



cross-country skiing

Peacefully explore the park while getting a great, low-impact workout. Elm Creek offers 18.3K of groomed cross-country ski trails, including 5.8K with lights and 2.5K with snowmaking. Lessons available. ThreeRiversParks.org for hours and rates.



youth ski and snowboard lessons

► Quality instruction

Whether you are on skis or a snowboard for the first time or are seeking to improve your technique, a variety of programs are available for people of all ages and abilities.

To maximize skill improvement, students are separated by age and ability and evaluated for placement on the first day of class.

All public lessons include lift ticket.

CHILD SKI LESSONS

Ages 3–5

Three 1.5-hour lessons, \$135

Optional: Equipment \$10 | Helmet \$20

Enjoy on-snow fun and creative playtime as your child learns skiing fundamentals. A parent/guardian with skiing experience is required to participate on skis. Designed for first-time skiers.

Dates	Start Time
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Saturdays – Activity #9ELM7007

Jan 5, 12, 19	3:15 PM
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Feb 2, 9, 16	3:15 PM
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Feb 23, Mar 2, 9	3:15 PM
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Sundays – Activity #9ELM7001

Jan 6, 13, 20	3:15 PM
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Feb 3, 10, 17	3:15 PM
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Feb 24, Mar 3, 10	3:15 PM
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YOUTH SKI LESSONS

Ages 5-17

Three 1.5-hour lessons, \$135

Optional: Equipment \$10 | Helmet \$20

Learn to ski or improve technique with small group instruction and fun in this signature Ski Kids (SKIDS) program. Become “self-mobile” by learning how to turn, stop and control speed. Some playtime may be included. All skill levels welcome.

Dates	Start Times
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Thursdays – Activity #9ELM8005

Jan 3, 10, 17	7 PM
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Jan 31, Feb 7, 14	7 PM
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Feb 21, 28, Mar 7	7 PM
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Fridays – Activity #9ELM8006

Jan 4, 11, 18	7 PM
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Feb 1, 8, 15	7 PM
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Feb 22, Mar 1, 8	7 PM
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Saturdays – Activity #9ELM8007

Jan 5, 12, 19	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Feb 2, 9, 16	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Feb 23, Mar 2, 9	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Sundays – Activity #9ELM8001

Jan 6, 13, 20	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Feb 3, 10, 17	9 AM, 11 AM, 1:15 PM, 3:15 PM
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Feb 24, Mar 3, 10	9 AM, 11 AM, 1:15 PM, 3:15 PM
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YOUTH SKI LESSONS - MINI SESSION

Ages 5-17

Two 1.5-hour lessons, \$90

Optional: Equipment \$10 | Helmet \$14

Learn to ski or improve technique with small group instruction and fun in this signature Ski Kids (SKIDS) program. Become “self-mobile” by learning how to turn, stop and control speed. Some playtime may be included. All skill levels welcome.

Dates	Start Times
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Saturday & Sunday – Activity #9ELM8017

Dec 8, 9	9 AM, 11 AM, 1:15 PM
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Dec 15, 16	9 AM, 11 AM, 1:15 PM
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YOUTH SKI LESSONS – PASSPORT PROGRAM

Ages 5-17

Six 1.5-hour lessons, \$255

Optional: Equipment \$10 | Helmet \$32

Develop your skiing skills with experienced instructors in this signature Ski Kids (SKIDS) program. Receive a “passport” to track your progress and receive area discounts. All skill levels welcome.

Dates	Start Times
Saturdays – Activity #9ELM8027	
Dec 8, 15, Jan 5, 12, 19, 26*	9 AM, 11 AM, 1:15 PM
Feb 2, 9, 16, 23 Mar 2, 9	9 AM, 11 AM, 1:15 PM
Sundays – Activity #9ELM8021	
Dec 9, 16, Jan 6, 13, 20, 27*	9 AM, 11 AM, 1:15 PM
Feb 3, 10, 17, 24 Mar 3, 10	9 AM, 11 AM, 1:15 PM
*No class Dec 22, 23, 29, or 30.	

YOUTH SKI LESSONS – WINTER BREAK SESSION

Ages 5-17

Three 1.5-hour lessons, \$135

Optional: Equipment \$10 | Helmet \$20

Improve your skills, ski more terrain, and prepare for the remainder of the winter season with concentrated instruction. Enjoy your break from school and spend free time with your classmates in this popular winter break Ski Kids (SKIDS) program. All skill levels welcome.

Dates	Start Times
Saturday–Monday – Activity #9ELM8100	
Dec 22, 23, 24	9 AM, 11 AM, 1:15 PM
Dec 29, 30, 31	9 AM, 11 AM, 1:15 PM, 3:15 PM
Wednesday–Friday – Activity #9ELM8100	
Dec 26, 27, 28	9 AM, 11 AM, 1:15 PM, 3:15 PM

YOUTH SNOWBOARD LESSONS

Ages 5-17

Three 1.5-hour lessons, \$135

Optional: Equipment \$10 | Helmet \$20

Discover snowboarding with instructors who specialize in freeriding, ripping the hill, beginning slopestyle, and park riding. Become “self-mobile” in this signature Snowboard Jam program by learning how to turn, stop and control speed. All skill levels welcome.

Dates	Start Times
Thursdays – Activity #9ELM8505	
Jan 3, 10, 17	7 PM
Jan 31, Feb 7, 14	7 PM
Feb 21, 28, Mar 7	7 PM
Fridays – Activity #9ELM8506	
Jan 4, 11, 18	7 PM
Feb 1, 8, 15	7 PM
Feb 22, Mar 1, 8	7 PM
Saturdays – Activity #9ELM8507	
Jan 5, 12, 19	9:15 AM, 11:15 AM, 1:30 PM, 3:30 PM
Feb 2, 9, 16	9:15 AM, 11:15 AM, 1:30 PM, 3:30 PM
Feb 23, Mar 2, 9	9:15 AM, 11:15 AM, 1:30 PM, 3:30 PM
Sundays – Activity #9ELM8501	
Jan 6, 13, 20	9:15 AM, 11:15 AM, 1:30 PM, 3:30 PM
Feb 3, 10, 17	9:15 AM, 11:15 AM, 1:30 PM, 3:30 PM
Feb 24, Mar 3, 10	9:15 AM, 11:15 AM, 1:30 PM, 3:30 PM

All public lessons include lift ticket.



YOUTH SNOWBOARD LESSONS - MINI SESSION

Ages 5-17

Two 1.5-hour lessons, \$90

Optional: Equipment \$10 | Helmet \$14

Discover snowboarding with instructors who specialize in freeriding, ripping the hill, beginning slopestyle, and park riding. Become "self-mobile" in this signature Snowboard Jam program by learning how to turn, stop and control speed. All skill levels welcome.

Dates

Start Times

Saturday & Sunday – Activity #9ELM8600

Dec 8, 9 9:15 AM, 11:15 AM, 1:30 PM

Dec 15, 16 9:15 AM, 11:15 AM, 1:30 PM

YOUTH SNOWBOARD LESSONS - PASSPORT PROGRAM

Ages 5-17

Six 1.5-hour lessons, \$255

Optional: Equipment \$10 | Helmet \$32

Develop your snowboarding skills with experienced instructors in this signature Snowboard Jam program. Receive a "passport" to track your progress and receive area discounts. All skill levels welcome.

Dates

Start Times

Saturdays – Activity #9ELM8516

Dec 8, 15, Jan 5, 12, 19, 26* 9:15 AM, 11:15 AM, 1:30 PM

Feb 2, 9, 16, 23 Mar 2, 9 9:15 AM, 11:15 AM, 1:30 PM

Sundays – Activity #9ELM8511

Dec 9, 16, Jan 6, 13, 20, 27* 9:15 AM, 11:15 AM, 1:30 PM

Feb 3, 10, 17, 24 Mar 3, 10 9:15 AM, 11:15 AM, 1:30 PM

*No class Dec 22, 23, 29, or 30.



YOUTH SNOWBOARD LESSONS - WINTER BREAK SESSION

Ages 5-17

Three 1.5-hour lessons, \$135

Optional: Equipment \$10 | Helmet \$20

This very popular winter break Snowboard Jam program is for young snowboarders. Concentrated instruction improves your skills for freeriding, slopestyle or park riding. Enjoy your school break with your classmates on the snow! All abilities welcome.

Dates

Start Times

Saturday-Monday – Activity #9ELM8605

Dec 22, 23, 24 9:15 AM, 11:15 AM, 1:30 PM

Dec 29, 30, 31 9:15 AM, 11:15 AM, 1:30 PM, 3:30 PM

Wednesday-Friday – Activity #9ELM8605

Dec 26, 27, 28 9:15 AM, 11:15 AM, 1:30 PM, 3:30 PM





YOUTH SNOWBOARD FREESTYLE LESSONS

Ages 7-18

Three 1.5-hour lessons, \$135

Optional: Equipment \$10 | Helmet \$20

3's, kickers, tail grabs, and board slides: If this lingo is familiar, then this lesson series is for you! Specialized ski and snowboard freestyle instructors cultivate a fun, safe and encouraging environment during this unique, terrain park-focused program. Participants must be able to turn, stop, and use tow rope on their own.

Dates	Start Times
Saturdays – Activity #9ELM8537	
Jan 5, 12, 19	3:30 PM
Feb 2, 9, 16	3:30 PM
Feb 23, Mar 2, 9	3:30 PM
Sundays – Activity #9ELM8531	
Jan 6, 13, 20	3:30 PM
Feb 3, 10, 17	3:30 PM
Feb 24, Mar 3, 10	3:30 PM

THE END IS GNAR RAIL JAM

All Ages, \$10

Throw down your best and biggest tricks to compete for prizes. Jam to music and grab some food. Divisions are open ski, ladies, open snowboard, and snowboard (16 years and younger). Daily lift ticket not included. Completed and signed waivers required.

Dates	Start Time
Sunday – Activity #9ELM0300	
Mar 10	10 AM registration Noon competition

All public lessons include lift ticket.



SNOWBOARD X TEAM

Ages 6-18, \$449

Improve your skills in slopestyle, big air and boardercross with this introductory snowboard competition team coached by Elm Creek SnowSports Academy staff. Team members must have their own equipment, be at least intermediate riders, and be able to ride lifts and tow ropes unassisted. Includes events with local area teams; participants must provide their own transportation and purchase lift tickets for away competitions. An informational meeting for potential new members will be held on Thursday, November 29 at 6:30 PM in the Elm Creek Chalet; a team meeting will be held on Thursday, December 6 at 7 PM.

ALPINE JUNIOR RACE TEAM

Ages 6-18, \$449

This introductory ski racing program is coached by Elm Creek SnowSports Academy staff and includes races with local area teams. Emphasis is on skill improvement through race techniques, course skills and ski training. Team members must have their own equipment, be able to stop and link turns, and be able to ride lifts and tow ropes unassisted. Participants must provide their own transportation and purchase lift tickets for away competitions. An informational meeting for potential new members will be held on Thursday, November 29 at 6 PM in the Elm Creek Chalet; a team meeting will be held on Thursday, December 6 at 6 PM.

Dates	Start Times
<i>Sundays & Thursdays</i> – Activity #9ELM8900	
Dec 9-Mar 3	9 AM-noon Sun 6:30-8 PM Thu

Dates	Start Times
<i>Sundays & Thursdays</i> – Activity #9ELM8910	
Dec 9-Mar 3	9 AM-noon Sun 6:30-8 PM Thu

TWINTIP X TEAM

Ages 6-18, \$449

Develop your skills through friendly competition, big air techniques, skiercross and freestyle maneuvers with this introductory twintip skiing competition team coached by Elm Creek SnowSports Academy staff. Freestyle skiing is a wild combination of skiing and acrobatics over jumps, rails and boxes. Team members must have their own equipment, be at least intermediate skiers, and be able to ride lifts and tow ropes unassisted. Please be advised that your child may not always ride with a coach and may ride lifts with other children or alone. Includes events with local teams; participants must provide their own transportation and purchase lift tickets for away competitions. An informational meeting for potential new members will be held on Thursday, November 29 at 6:30 PM in the Elm Creek Chalet; a team meeting will be held on Thursday, December 6 at 7 PM.

Dates	Start Times
<i>Sundays & Thursdays</i> – Activity #9ELM8905	
Dec 9-Mar 3	9 AM-noon Sun 6:30-8 PM Thu

competitive
teams

ADULT SKI LESSONS

Ages 18+

Three 1.5-hour lessons \$90

Optional: Equipment \$10 | Helmet \$20

Learn to ski for the first time or improve your freeskiing skills or carving technique with some of the most experienced instructors on staff. All skill levels welcome.

Dates	Start Time
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Thursdays – Activity #9ELM9005

Jan 3, 10, 17	7 PM
Jan 31, Feb 7, 14	7 PM
Feb 21, 28, Mar 7	7 PM

Fridays – Activity #9ELM9006

Jan 4, 11, 18	7 PM
Feb 1, 8, 15	7 PM
Feb 22, Mar 1, 8	7 PM

SKI DATE NIGHT

Ages 21+

One 1.5-hour lesson, \$110/couple

Optional: Helmet \$7.50/person

Bring your date or best friend for a unique night out. Includes ski lesson, equipment rental and two tubing tickets. All skill levels welcome.

Dates	Start Time
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Friday – Activity #9ELM9306

Dec 14	6 PM
Jan 18	6 PM
Feb 15	6 PM
Mar 1	6 PM

ADULT SNOWBOARD LESSONS

Ages 18+

Three 1.5-hour lessons \$90

Optional: Equipment \$10 | Helmet \$20

Get on a board for the first time or improve your freeriding, park or slopestyle technique with some of the best instructors on staff. All skill levels welcome.

Dates	Start Times
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Thursdays – Activity #9ELM9015

Jan 3, 10, 17	7 PM
Jan 31, Feb 7, 14	7 PM
Feb 21, 28, Mar 7	7 PM

Fridays – Activity #9ELM9016

Jan 4, 11, 18	7 PM
Feb 1, 8, 15	7 PM
Feb 22, Mar 1, 8	7 PM

Saturdays – Activity #9ELM9017

Jan 5, 12, 19	9:15 AM, 11:15 AM, 1:30 PM
Feb 2, 9, 16	9:15 AM, 11:15 AM, 1:30 PM
Feb 23, Mar 2, 9	9:15 AM, 11:15 AM, 1:30 PM

Sundays – Activity #9ELM9011

Jan 6, 13, 20	9:15 AM, 11:15 AM, 1:30 PM
Feb 3, 10, 17	9:15 AM, 11:15 AM, 1:30 PM
Feb 24, Mar 3, 10	9:15 AM, 11:15 AM, 1:30 PM

adult ski and snowboard lessons

▶ Just for you

Whether you want to brush up on your skiing skills or give snowboarding a try, excellent instructors help you feel comfortable out on the slopes. Private and semi private lessons are available for even more focused instruction.

All public lessons include lift ticket.

Private/Semi-Private Lessons

Whether you are a beginner or an expert, personal instruction allows you to learn at your own pace and realize your goals. Professional instructors focus on making you a better skier or snowboarder in a fun, relaxed environment. Lift ticket and equipment rental are not included. Scheduling is based on instructor availability. Call 763.694.2050 to schedule.

PRIVATE SKI LESSONS

Ages 4 to adult.

Mondays – Fridays: 3 PM, 5 PM

Weekends & Holidays: 9 AM, 11 AM, 1:15 PM, 3:15 PM

SNOWBOARD

Ages 5 to adult.

Mondays – Fridays: 3 PM, 5 PM

Weekends & Holidays: 9:15 AM, 11:15 AM, 1:30 PM, 3:30 PM

RATES

Private Ski or Board Lesson (1.5 hours)..... \$42

Additional person for a semi-private lesson*..... \$28

Discounted lesson lift ticket..... \$10

Discounted lesson equipment rental..... \$10

Helmet..... \$7.50

Prices include sales tax.

**Semi-private lessons have a limit of two people who must be of similar age and ability.*



Three Rivers Alpine Patrol



Join this nationally recognized group of volunteers!

- Obtain Outdoor Emergency Care certification
- Sharpen your ski or snowboard skills
- Gain leadership skills
- Enjoy Park District and National Ski Patrol discounts

Highly motivated, enthusiastic skiers and snowboarders are encouraged to apply. Stop by Guest Services for more information.

INFORMATION: Elm Creek Chalet, 763.694.2050 • ECSSA@threeriversparks.org

Learn Your Responsibility Code



Your Responsibility Code is a compilation of slope safety rules used universally at U.S. resorts. Please review Your Responsibility Code and share the information with your friends and children. Three Rivers Park District is committed to promoting slope safety. In addition to those using traditional alpine ski equipment, others on the

slopes include snowboarders, telemark or cross-country skiers, skiers with disabilities, and skiers with specialized equipment. Always show courtesy to others and be aware that there are elements of risk in skiing and snowboarding that common sense and personal awareness can help reduce. Know your ability level and stay within it. Observe Your Responsibility Code for a great SnowSports experience.

1. Always stay in control and be able to stop or avoid other people or objects.
2. People ahead of you have the right of way. It is your responsibility to avoid them.
3. You must not stop where you obstruct a trail or are not visible from above.
4. Whenever starting downhill or merging into a trail, look uphill and yield to others.
5. Always use devices to help prevent runaway equipment.
6. Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
7. Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.

Know the Code. It's your responsibility. This is a partial list. Be safety conscious.

Officially endorsed by: National Ski Areas Association.

Elm Creek freestyle terrain areas are designated with an orange oval and may contain jumps, hits, ramps, banks, fun boxes, jibs, rails, half pipes, quarter pipes, snowcross, bump terrain and other constructed or natural terrain features. They are provided for your enjoyment and offer adventure, challenge and fun. However, freestyle terrain use, like all skiing and riding, exposes you to the risk of serious injury. Prior to using freestyle terrain, it is your responsibility to familiarize yourself with all instructions and warning signs, and to follow Your Responsibility Code. Freestyle skills require maintaining control on the ground, and in the air. Use of freestyle terrain exposes you to the risk of serious injury or death.

registration

Registration System

Three Rivers launched a new registration system on April 3, 2017. If you have not logged into the new system:

- Visit ThreeRiversParks.org/programs
- To create a new account: Click "Need an account?" and complete the requested information.
- If your account already exists and you don't know the password: Click "Forgot your password?" to receive an email to update your password.

Note: Be sure to include birthdays for everyone you are registering.

FOR ASSISTANCE CALL 763.559.6700

Two ways to Register

ThreeRiversParks.org/programs
763.559.6700

Competitive Teams

Youth and Adult Lessons

Private Lessons (call 763.694.2050)

Begins

Sept. 19

Oct. 10

Nov. 7

Questions?

Call 763.559.6700.

Lesson Policies

Check in at least one hour early on the first day of your lesson. Parking is limited at the chalet; please allow a few extra minutes for the shuttle.

Missed Lessons/Refunds

No refunds are given for missed lessons.

Cancellations/Rescheduling

Public and private lessons may be cancelled or rescheduled at no cost within 24 hours of booking. After 24 hours, there are no refunds and a \$40 rescheduling fee applies.

Weather Closures

Lessons missed due to weather closures will be made up as determined by management. The SnowSports Academy will close when the onsite air temperature reaches -25°F or windchill temperatures reach -35°F. Call 763.694.2050 for details.

Determining Skill Level for Lessons

LEVEL	SKIING	SNOWBOARDING
NEVER	Never skied	Never boarded
BEGINNER	Makes wedge turns	Skidded turns only
INTERMEDIATE	Occasionally match skis	Beginning to carve on toe and heel side
ADVANCED	Skis parallel	Carves, rides fakie, some jumps
EXPERT	Skis all slopes in all conditions	Does all jumps and rides park

